



# ABTEILUNG INTERNATIONALES

Exchange Programs &  
Scholarship Opportunities

# TYPES OF ACADEMIC STAYS ABROAD

**I. Studies**

**II. Internships**

**III. Language Assistantships**

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IV. Language Courses → funding through PROMOS (except English courses!)

V. Research for Bachelor's or Master's theses → funding through PROMOS

# WHO CAN APPLY?

- All students, beginning in the 2nd Bachelor semester
- Degree-seeking students at JGU (usually, nationality does not matter)
- Bachelor *and* Master (and beyond)

Important: applications for *graduate programs* often possible in your 4th undergraduate semester already! (e.g. Fulbright)

# DURATION OF STAY ABROAD

- Studies: 1 semester (e.g. Erasmus, Promos, Fulbright)
  - Studies: 1 academic year (e.g. DAAD, Fulbright, Direct Exchange of the Obama Institute)
  - Language assitantships: usually 1 school year (PAD sometimes less)
- important: **always within the academic calendar of the host institution!**
- Internships: 6 weeks – 3 months, sometimes longer
  - Research internships (RISE *weltweit*, ISAP): depending on the program

# CHOOSING A UNIVERSITY FOR STUDY ABROAD

→ <https://www.daad.de/de/laenderinformationen/> → select a country → „Studieren und leben in ...“ (information in German)

## Criteria for your selection:

- Solely academic criteria! (no personal ties)
- Integration into your studies at the home institution!
- Supplementing your studies at JGU (e.g. courses not offered at JGU)
- Specialization within your field of studies
- Exam preparation (especially research for your thesis)
- Check credit transfer options in advance with your academic adviser → *but courses don't necessarily have to be transferable!*

# SCHOLARSHIP PROGRAMS & FUNDING OPTIONS

- Cooperation programs: University Partnerships, Erasmus
- Individual programs:
  - DAAD (Deutscher Akademischer Austauschdienst), Promos
  - Fulbright (USA only) → also offers travel grants
  - Foundations & similar organizations (see [www.stipendienlotse.de](http://www.stipendienlotse.de))
- Regional programs (e.g. Fulbright, FORTHEM, DFH-UFA)
- AuslandsBAföG (under certain conditions also available for international students)

# ERASMUS (STUDIES)



- Specific departmental cooperations within Europe (see [www.uni-mainz.de/austauschoptionen](http://www.uni-mainz.de/austauschoptionen))
- for 1 or 2 semesters
- requirement: at least 2 semesters of studies in that particular field completed at the time of departure (Bachelor)
- language competence
- full tuition waiver, maintenance scholarship (depending on host country)
- administrative support both at the home and the host institution

# UNIVERSITY PARTNERSHIPS

- Special partner universities (see [www.uni-mainz.de/bewerbung-partneruni](http://www.uni-mainz.de/bewerbung-partneruni))
- Interdisciplinary exchange
- Full tuition waiver from the partner university
- Sometimes also a maintenance scholarship from the partner university
- Administrative support on both sides
- Academically relevant plan of studies, well-founded interest in the host country & sound language competence required



# DAAD-PROGRAMMS

- Scholarships for one academic year to complement, specialize and expand your studies at home (for undergraduates and graduates, different rules for ERASMUS countries)
- Further scholarship programs specific to certain fields of study or certain regions for students of all levels (at JGU e.g. Chemistry, Journalism)
- Usually funding for tuition, living expenses, travel expenses, insurance etc.

**!** Application deadline depends on target country!

Read the program description carefully to make sure you meet all requirements!

For further programs for Ph.D. students, post-docs, researchers, professors, etc., see

<https://www2.daad.de/ausland/studieren/stipendium/de/70-stipendien-finden-und-bewerben/>

# PROMOS

- For studies of 1 semester (*not* for ERASMUS partner universities)
- For research for your Bachelor's or Master's thesis
- For language courses
- For summer schools
- For internships outside of the EU (travel grants only)
- For student field trips
  - Maintenance scholarship depending on host country (ca. 300 € per month – no tuition)
  - Travel grant depending on host country
  - Application deadline March 31 & Oct. 31, different deadlines for internships

# ERASMUS INTERNSHIPS (EU-SERVICEPOINT)

- Internship has to relate to your studies at JGU
- Internship has to take place in an ERASMUS country
- Internship has to last at least 2 months (60 days)
- Proof of language competence required
- Internship has to be recognized by home dept. (e.g. credit transfer)
- Monthly maintenance scholarship, depending on host country

# OTHER INTERNSHIP FUNDING

- PROMOS (not for ERASMUS countries)
- DAAD: *Kurzstipendien für Praktika* (select internship providers)
- RISE (Research Internships in Science & Engineering; undergraduates only)
- IAESTE, AIESEC, bvmd, ZAD, DCGM
- DAAD-Program Lehramt.International for future teachers of *all* disciplines

Important: check whether you need a visa and/or work permit!

# LANGUAGE ASSISTANESHIPS

- Language assistanceships organized by PAD ([www.kmk-pad.org/fsadia](http://www.kmk-pad.org/fsadia))
- GET Across Borders
- Direct Exchange in American Studies (Obama Institute)
- DAAD-Program Lehramt.International for future teachers of *all* disciplines

Important: check whether you need a visa and/or work permit!

# STUDY ABROAD & COVID-19

HOPE FOR THE BEST  
AND PREPARE FOR  
THE WORST!

- Plan ahead! (By the time you leave, conditions should have improved a lot)
- Meet all application deadlines: you can defer your stay or withdraw your application, but you can't apply late
- Collect information about regulations for travel, vaccination, testing, quarantine, etc.
- Collect information about the current situation in your host country
- Make sure you have sufficient health insurance coverage!

If you have further questions,  
contact us by **mail** or **phone**:

<https://www.uni-mainz.de/outgoing/>

Subscribe to our **newsletter** (usually in German):

[https://lists.uni-mainz.de/sympa/subscribe/abt\\_int\\_infos\\_studierende](https://lists.uni-mainz.de/sympa/subscribe/abt_int_infos_studierende)

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